More AL-ANON Information

www.marylanddc-alanon.org
www.alateenmddc.com

AL-ANON World Service Office	(888) 4AL-ANON
Information worldwide	(888) 425-2666
Allegany & Garrett Counties (Cumberland, MD)	(301) 722-6110
Anne Arundel County (Annapolis, MD)	(410) 766-1984
Baltimore & Howard Counties (Baltimore City, MD)	(410) 832-7094
Cecil County, MD	(410) 398-2004
Frederick & Washington Counties (Frederick & Hagerstown, MD)	(301) 663-6626
Harford County, MD	(410) 836-6209
Northern Virginia	(877) 339-8350
Somerset, Wicomico & Worcester Counties (Salisbury, MD)	(410) 742-2504
Washington, DC, Prince George's & Montgomery Counties, MD	(202) 635-2023

Phone Numbers

AA Meeting Info: 1-800-492-0209
www.somdaa.org

AL-ANON IS:

- A **FELLOWSHIP** of relatives and friends of alcoholics who believe their lives have been affected by someone else's drinking
- A **SELF-HELP** recovery program based on the Twelve Steps of Alcoholics Anonymous (AA)
- A **NON-PROFESSIONAL** fellowship where members share their experience, strength and hope to solve their common problems.
- An **ANONYMOUS** program with the identity of all AL-ANON and AA members protected.
- A **SPIRITUAL** program that is compatible with all religious beliefs or none.
- A program with the **SINGLE PURPOSE** of helping families and friends of alcoholics, whether the alcoholic is still drinking or not.
- A **WORLDWIDE** fellowship with more than 31,000 groups in over 112 countries that has been in existence since 1951.
- **COMPATIBLE** with professional treatment. Statistics show 67% of its members received counseling after attending AL-ANON.
- **FREE OF CHARGE** and self-supporting through members' voluntary contributions. There are no dues or fees for membership.

ALATEEN is:

- A part of AL-ANON
- For teenagers who have been affected by someone else's drinking.

NOTES

- **ALATEENS are always welcome at any AL-ANON meeting.**
- **"Accessible" indicates meeting location is wheelchair accessible by ramp, elevator or 1 or 2 steps.**
- **AL-ANON & ALATEEN meetings often run concurrently with AA meetings; see individual meeting listing.**

AL-ANON and ALATEEN

Directory of Meetings
Southern Maryland
(Charles, Calvert and St. Mary's counties)

Help for families and friends
of problem drinkers

For information and help in Southern Maryland contact:

www.marylanddc-alanon.org

February 2019

The Serenity Prayer
God, grant me the SERENITY
To accept the things I cannot change,
COURAGE to change the things I can,
And WISDOM to know the difference.

Monday

Crossroads AFG 11:30AM
(0005963)
St. Mary's County — Accessible
Church of the Ascension — No AA Mtg
21641 Great Mills Rd — Open
Lexington Park, MD 20653

NEW*Monday's Hope AFG** 7:30 PM
(30711170)
Calvert County
Mount Harmony United Methodist Church
155 E. Mount Harmony Rd. — AA Mtg
Owings, MD 20736 — Open
*ALATEEN Meeting also meets at 7:30 PM

Southern Serenity AFG 8:00 PM
(46897) (District 19)
Prince George's County / Trinity Episcopal Church
14515 Church St. Parish House
Upper Marlboro, MD 20772 — AA Mtg.

Tuesday

Prince Frederick Daytimers 10:30 AM
(30511875)
Calvert County — No AA Mtg
St Paul's Episcopal Church — Open
25 Church St (Rte 231)
Prince Frederick, MD 20678
(Basement)

Focus Point AFG 7:00 PM
(38738)
St. Mary's County / Placid Harbor — Open
24494 Placid Harbor Way — Accessible
Hollywood, MD 20636

Pomfret Way of Life AFG* 8:00 PM
(0043431) — Accessible
Charles County / St. Joseph's Church
4590 Saint Joseph Way — AA Mtg.
(off Rte 227)
Pomfret, MD 20675
ALATEEN Meeting also meets at 8:00 PM

Homecoming AFG 8:00 PM
(42624) (District 21) (upstairs in church)
ALANON Adult Children Meeting
Prince Georges County \ United Methodist Church
11111 Crain Hwy (Rte 301) — AA Mtg
Cheltenham, MD 20623 — Open

Wednesday

Safe Harbor AFG 7:00 PM
(30636576) (District 20)
Anne Arundel County / Christ Episcopal Church
220 Owensville Rd. — Open
West River, MD 20778 — No AA Mtg.

Mid-Week Serenity AFG 6:30 pm
(30714380)
Calvert County/Olivet United Methodist Church
13575 Olivet Road — Open
Lusby, MD 20657 — Accessible
Fellowship Hall Rm. 2

Mid-Week Recovery AFG 8:00 PM
(30566950)
Calvert County / Northeast Community Center
4075 Gordon Stinnett Ave.
Chesapeake Beach, MD 20732 — Open
Room M 2

Thursday

Beginners by the Bay AFG 12 Noon
(30657156)
Calvert County / North Beach Union Church
8912 Chesapeake Ave — No AA Mtg
North Beach, MD 20714 — Open
(White building next to Church) — Fragrance Free

Living Dream AFG 1:30 PM
(30653949)
St. Mary's County / Good Samaritan Lutheran Church
(Disciples Den – 2nd bldg.)
20850 Langley Rd. — Open
Lexington Park, MD 20653

Gaining Tools AFG 7:30 PM
(30621591)
Calvert County / Southern Community Center
20 Appeal Ln — AA Mtg.
Lusby, MD 20657 — Open

Friday

Serenity at Last AFG 11:00 am
(30606064)
St. Mary's County / Beacon of Hope — Open
21770 FDR Blvd. (to left of Walden) — No AA Mtg.
Lexington Park, MD 20653

Friday Nighters AFG* 8:30 PM
(0005943) — Accessible
Charles County \ Church of the Nazarene — AA Mtg.
5105 Leonardtown Road
(Rte 5)
Waldorf, MD 20601

Saturday

Early Risers AFG 8:30 AM
(0053993)
Calvert County \ North Beach Union Church
8912 Chesapeake Ave — No AA Mtg
North Beach, MD 20714 — Open
(White Educational Bldg.) — Accessible

Sunday

Just a Step Away AFG 7:00 PM
(503309)
Calvert County / Our Lady Star of the Sea Church
14400 Solomons Island Rd South — AA Mtg.
Solomons, MD 20688 — Open

"Open" means the meeting is open to anyone interested in Al-ANON (including students & health professionals).
*These meetings are for only AL-ANON members & anyone whose life is or has been affected by contact with a problem drinker).

Due to periodic changes between printings of this directory, refer to: www.marylanddc-alanon.org for current schedule.