

Spring 2026 CONTRA Study

March 5, 2026 through June 11, 2026

Thursdays from 9:00 PM to 10:00 PM Eastern Time (US/Canada)

Moderated by Trusted Servants from
the Northeast Region of Alcoholics Anonymous

Zoom Meeting ID: 847 4641 4040

Passcode: 330331

Dial-in number for phone callers: +1 (301) 715-8592

We invite all A.A. members to this virtual study of the
CONcepts, TRAditions & The A.A. Service Manual.
No Registration Fees!

Mar 5, 2026 – Registration & Orientation

Mar 12, 2026 – Traditions 1, 2 & 3

Mar 19, 2026 – Traditions 4, 5 & 6

Mar 26, 2026 – Traditions 7, 8 & 9

Apr 2, 2026 – Traditions 10, 11 & 12

Apr 9, 2026 – Service Manual, pp. I-VIII, 1-6, 89-108

Apr 16, 2026 – Svc Man Ch 1 2 3 & pp 109-18, 166-69

Apr 23, 2026 – Svc Man, Chapters 4 5 6 & pp 171-7

Apr 30, 2026 – Svc Man, Chpts 7 8 9 & pp 176-180

May 7, 2026 – Svc Man Ch 10 11 12 & pp 161-5, 170

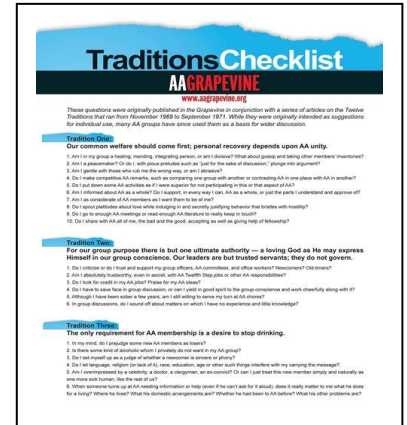
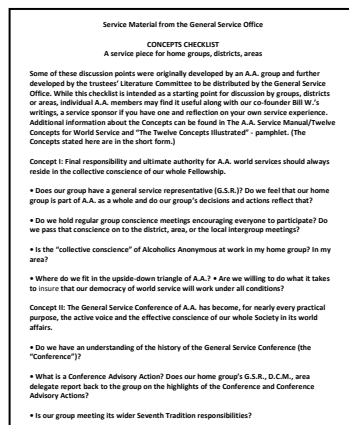
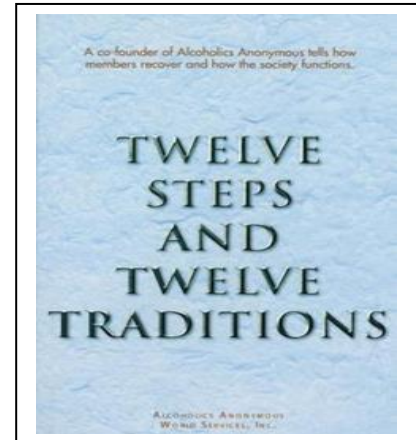
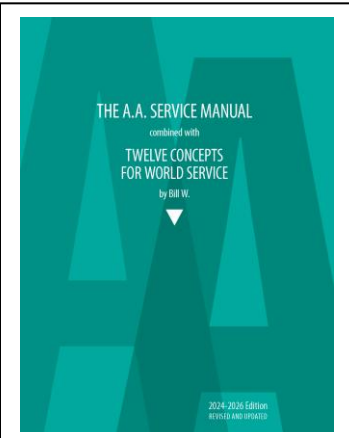
May 14, 2026 – Service Manual, pp. 119-159

May 21, 2026 – Concepts pp I-VII, C1-C2, Con 1, 2, 3

May 28, 2026 – Concepts 4, 5 & 6

Jun 4, 2026 – Concepts 7, 8 & 9

Jun 11, 2026 – Concepts 10, 11 & 12



CONTRA Study Materials

(provided via email following registration):

Twelve Steps and Twelve Traditions, B-2 (free participant download at www.aa.org)

The A.A. Service Manual combined with The Twelve Concepts for World Service, BM-31, 2024-2026 edition

AA Grapevine Traditions Checklist, July 2018 revision

Spring 2026 Contra Study Service Manual Questions

A.A.W.S. Concepts Checklist, SMF-91, 08/18 edition

We will cover approximately three chapters of reading material per week, with associated questions. Only those who have read the assignment and have written answers to the weekly questions will be invited to read their answers to the group. All others are welcome to join the meeting and listen.

Presented by Trusted Servants from
the Northeast Region

For more information, contact:
2026contrastudy@gmail.com