



The best way to find yourself is
to lose yourself in the service of others.

LIFELINE



I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that I am responsible.

life·line | \ 'līf- līn : 1. A rope or line used for life-saving, typically one thrown to rescue someone in difficulties in water. 2. A thing on which someone depends for a means of escape from a difficult situation.

<https://en.oxforddictionaries.com>

The Third Step Prayer remains on my refrigerator year after year—not that I haven't long ago memorized it, but it evokes a different meaning with each reading starting with the first sentence:

“God, I offer myself to Thee—to build with me and do with me as Thou wilt.”

- Here I realize that I don't know exactly God's will for me, but I do have a fairly good idea. I am left off the hook here by a sentence on page 85 of the Big Book: “Every day is a day when we must carry the vision of God's will into all our activities.” And yes, I do have a general idea (vision) of appropriate action as each new circumstance arises. Of course, this may involve many Eleventh Step prayers throughout each day.

“Relieve me of the Bondage of self, that I may better do Thy will.”

- Before learning about the Twelve Steps I had no idea of what constituted the bondage of self. But then when I did Steps Four and Five with my sponsor he was not fain to point them out. I have come to believe there is an underlying four-part set of grosser handicaps which populate this deadly barrier from truth in drink: Selfishness, dishonesty, resentment and fear.

“Take away my difficulties that victory over them may bear witness to those I would help of thy power, Thy love, and Thy way of life.”

- I developed a good notion of my “difficulties” when I bring to light the many times I have taken the easy path when I knew, absolutely and for sure, that it was not my vision of God's will. As the famous comedian, Red Skelton, used to say: ‘I just dood it!’

“May I do Thy will always.”

- I used to think that living the AA program of action was calling my sponsor, going to meetings, conventions, Twelve Stepping, etc. However, I have come to believe that “always” means how I drive a car or a nail, my attitude toward my fellow man, or, as a matter of fact, everything I do, or fail to do—ALWAYS!

<https://www.aacle.org/step-three-action/>

The Third Step

Promises read:

“All sorts of remarkable things followed. We had a new Employer. Being all powerful, He provided what we needed, if we kept close to Him and performed His work well. Established on such a footing we became less and less interested in ourselves, our little plans and designs. More and more we became interested in seeing what we could contribute to life. As we felt new power flow in, as we enjoyed peace of mind, as we discovered we could face life successfully, as we became conscious of His presence, we began to lose our fear of today, tomorrow or the hereafter. We were re-born.” Alcoholics Anonymous p.63

When I was new, still toxic, dazed and confused, I related to the idea in Step Three that I had a new Employer who, in exchange for my efforts on His behalf, would take care of me and provide everything I needed for a happy life—just like a human boss who appreciated my contributions to his company.

Bill included a job description. If I wanted the beautiful prom-

ises of Step Three I had two jobs: “if we kept close to him and performed his work well.” That's it. Even as I read it today it doesn't sound too difficult of an assignment. All I have to do to get all the gifts of Step Three is to develop “conscious contact” with the God of my understanding and to practice “love and service” as a way of life.

I realize that fulfilling the conditions of the Step Three promises is not about reading spiritual books, meditating on a mountain top, or denying myself anything. I simply need to become aware of those things that separate me from God and from my fellow men and women and make things right as best I can. Chuck C. called it “uncover, discover and discard.” Just going to meetings and dumping my problems does not accomplish this. I must decide to take all the actions called for in the remaining nine steps. I must desire with all my heart to be changed at depth and I must be willing to take the actions that prove I mean it.

I certainly haven't fulfilled the conditions of “love and service” perfectly, but nevertheless I see these promises slowly becoming my reality.

<https://aaspirit.blogspot.com/2010/09/promises-and-conditions.html>

Dr. Harry N., Patron Saint of Cleveland AA

Harry N. was born 1897 in Cleveland. He graduated valedictorian of his class at St. Ignatius College, which later became John Carroll University, and went on to Western Reserve Medical School, now part of CWRU, earning his MD degree in 1922.

He interned at St. Vincent Charity Hospital becoming a surgeon on their staff. He married in 1926 and a bit over a year later his wife gave birth to a son, Harry Jr.

Dr. Harry was generous in both time and money. Though trained as a surgeon, he also practiced Family Medicine involving house calls. He instructed his staff, "If they can only pay a nickel, then that's what we charge them. They pay their bill and keep their self-respect, and they will not be afraid to come back for treatment when they need it."

In the 1930's Harry's drinking progressed to the point where he took a leave to become a cowboy on a working ranch in

Texas for 6 months in 1936. While his strength and health improved, it did not entirely stop his drinking. Upon return he and his wife searched for alternatives, seizing on an opportunity for him in 1937 to join the half dozen Clevelanders traveling weekly to the Oxford Group Meeting in Akron. He then signed on with the few men meeting at the home of Albert "Abby" G in Cleveland Heights as an Alcoholics Anonymous Group starting in May 1939.

In the 1930s and '40s alcoholism was looked upon as a moral failing instead of a disease. Few hospitals admitted alcoholics. And, even then, admitted them under the guise of alcoholism side effects. Dr. Bob and Dr. Harry approached Dr. Kitterer, an ordained minister who was the administrator of Cleveland's Deaconess Hospital to get beds to hospitalize alcoholics there. Dr. Kitterer went to bat with his board and in May 1939 they entered their first patient. Dr. Harry managed to persuade many other hospitals to make rooms available for alcoholics.

In 1941 Dr. Harry began hospitalizing patients at St. Vincent Charity Hospital under the care of Sr. Lucille. A hospital publica-

tion titled "A History of A.A. Activities" referred to Dr. Harry as "patron saint of Cleveland AA," high praise indeed. But Harry's AA service there was about to end. World War II was exploding and in 1942 Dr. Harry was called to service as a Captain in the Medical Corps, leaving Cleveland to report on September 30th at Bowman Field in Louisville KY. AA at St. Vincent floundered for a while until Dr. Victor Ippolito took over that ward. In 1952 Sr. Ignatia came from Akron and opened Rosary Hall there.

In late 1942, Captain Harry contracted pneumonia on his way to reassignment and died January 3, 1943 at the age of 45. In his few years on earth, and very few years of sobriety, Dr. Harry accomplished a great deal for us. We can only speculate how he might have changed local AA history given a bit more time.



<https://www.aacle.org/dr-harry-n-patron-saint-of-cleveland-aa/>

What Does FEAR Mean In AA?

The acronym FEAR can stand for a variety of terms in Alcoholics Anonymous and related support groups. Here are just 10 of the possible definitions of FEAR in AA:

1. False Expectations Appearing Real
2. False Evidence Appearing Real
3. Frustration, Ego, Anxiety, Resentment
4. Failure Expected And Received
5. Feelings Every Alcoholic Rejects
6. Feelings Expressed Allow Relief
7. Fighting Ego Against Reality
8. Forget Everything and Run
9. Face Everything and Recover!
10. Forgetting Everything's All Right



<https://stepstorecovery.com/blog/what-does-fear-stand-for-in-alcoholics-anonymous/>

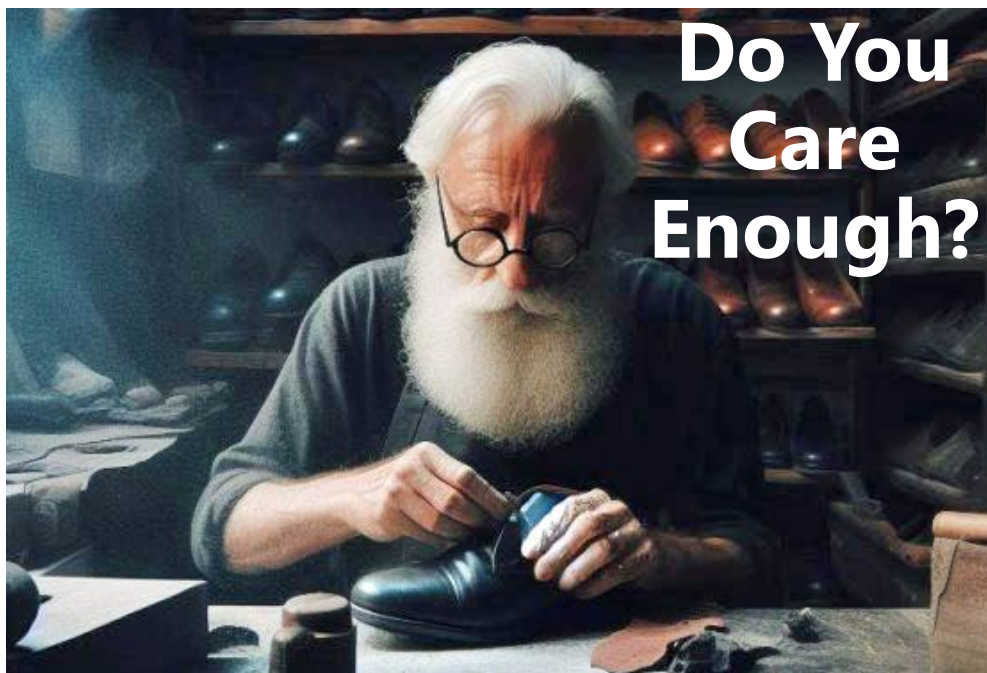
For a long time, in many areas, we hear the plaint "AA has changed. It isn't like it used to be." Further inquiry reveals sadness and dismay on the quality of present-day sponsorship, an almost total ignorance of the traditions and utter indifference to their application, the format of AA meetings, the intermingling of AA Groups and Clubs and the numerous self-appointed power-drivers who operate AA groups and non-AA programs in the name of AA and speak publicly for AA.

We believe there is some validity in all these observations, and can attribute part of it to "changing times" – membership growth- and the development of other agencies and treatments for alcoholics, plus a reduction of public stigma and the fact that so many older, personally indoctrinated members have passed from the scene. AA seems no longer – The Last Port of Call!

There is a tendency for new people to regard AA in much the same light as other fraternal groups, with the belief that there must be people in "authority" to "run" things. It is also natural for certain egocentric individuals to respond and endeavor to assume the mantle of authority.

The phenomenal growth of AA finds many new groups and areas without experienced members to suggest, advise and explain the reasons for certain procedures. Too often meetings do turn into "bull-sessions" or repetitious drunk-a-logs that become boring and distasteful.

We believe that co-founder Bill W.'s advice: "SHOEMAKER, STICK TO THY LAST!" ... should be heeded more now than ever before. Six months or six years sobriety in AA doesn't make us all experts, or qualify us to run hospitals, treatment centers, state programs or industrial programs. Other talents and aptitudes are essential. AA assures us of only ONE thing... a life without the need to use alcohol. Perhaps some of the confusion comes from the concept that everything changes and some may feel the need to modernize AA, its format and objective. However, we believe that "principles" are



not subject to clock or calendar ... and AA is nothing more nor less than a set of principles.

Our other co-founder, Dr. Bob said it all when he pointed out that the 12 Steps are simply, LOVE and SERVICE.

The reason, we feel, that there has been such a change in the approach to sponsorship, is the fact that too many of us now don't care enough! It is too easy to shunt a newcomer into a treatment center and rationalize on the follow-up. In bygone days, if the sponsor didn't care to give of himself... of his time and his love... the alcoholic had no recourse except to return to drunkenness and oblivion.

There were no treatment centers, no referral centers, no hospitals or doctors who would bother with a sick alcoholic. And, out of sheer gratitude, most alcoholics in AA wanted to carry the message and cared enough... to do whatever they could to help. AA seems to be suffering from a dangerous case of "human" shortcomings, egocentricity, selfishness, apathy and ignorance.

We feel too that it is serious enough for all of us to consider the very real possibility that this may be the seed that could blossom into the dissolution of our society. For the ONLY thing that can destroy AA is us. Destruction can only come about through

our disunity. This is why voluntary adherence and knowledge of the 12 Traditions is so essential to our existence, for there is no authority that can legislate unity and singleness of purpose. We are subject only to one ultimate authority... a loving God, as He may express Himself in our group conscience. Our leaders are but trusted servants... they do not govern.

When we adhere to the unalterable principles of the 12 Steps voluntarily, truth and humility are essential in application. and positive results are inevitable. Deviation, or abandonment also bring inevitable results, but of a negative nature. The same set of principles is involved in our group adherence (merely a group of individuals) to the 12 Traditions, calling for an even greater degree of humility and self-discipline. In this way the group conscience is truly sensitized.

If we would stay whole... if we are to fully meet our responsibilities and even more importantly, if we are to survive... we have no choice but to try to abide by the suggestions of all the experiences of all those who have gone before us.

When a sick alcoholic needs help... anywhere... anytime... under any circumstances... and wants it... do we care enough to go all the way with him? How much... do you care?

<https://www.aacle.org/do-you-care-enough/>

Serving as SMIA Vice-Chair has been an eye-opening privilege. Every month, I'm reminded of the incredible support SMIA provides to the 130+ meetings across the tri-county region. Yet, at our monthly meetings, only about 20-25 people attend. That's a fraction of the groups SMIA serves, which tells me the word isn't getting out.

I would really like to do my part to change that. Here's what SMIA offers:

- A **website** with an anniversary calendar, a meeting list (regularly updated and printable), links to *Lifeline*, and a bookstall for purchasing literature and medallions.
- A **webmaster** who ensures that Area and State websites stay updated with the latest meeting information, events, and other vital announcements.
- A **telephone hotline** for newcomers seeking a path to recovery.
- A **monthly newsletter** featuring inspiring articles, and anniversary calendar and information on local and statewide events.
- **Where & Whens**, a printed meeting list ensuring accessibility—SMIA devotes about \$5,000 annually to this one resource alone.
- A **bookstall budget** that helps Districts provide materials for carrying the message into detention and treatment centers and public spaces.
- **Annual events** like the Serenity Breakfast, Summer Picnic, and Gratitude Dinner—either free or affordably priced.

How can you help?

- If your group doesn't have an SMIA rep, **consider stepping up** or encouraging someone else to explore this service opportunity.
- If your group isn't contributing financially, **start now**—every dollar supports the services that support you.
- **Be sure to submit upcoming anniversaries** to be included in the *Lifeline* and online calendars.
- **Join the SMIA board!** We're seeking nominations for Chair (next up: Charles County) and Secretary. We need to identify candidates for these two board positions before the March meeting.

Not sure where to start? **Attend our monthly meet-**

ing on the second Saturday of the month—in person or virtually. Get involved. SMIA is here to help your group carry the message to the still suffering alcoholic; let's make sure everyone knows it.

Lorraine J

We will hold elections for the SMIA Chair and Secretary positions at the March 8th, 2025 meeting. According to the SMIA By-Laws, we should follow the rotation concept, so ideally, the nominee for Chair should be from Charles County. If there are no nominees from Charles County, a nominee from Calvert County will be considered. If there are no nominees from Calvert County, a nominee from St. Mary's County will be considered. Both positions require at least 2 years of continuous sobriety. If you, or someone you know would like to be nominated, please see the Board Nominations

section of this form or attend the next SMIA meeting on Saturday, March 8 at Immaculate Conception Church, 28297 Old Village Road, Mechanicsville, MD 20659 or

SPOTLIGHT ON SERVICE

via Zoom @ <https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09>

We are always looking for help with SMIA services and events, such as the Gratitude Dinner, the Serenity Breakfast, the Picnic, and the variety of committees for the services that we provide. Volunteers are also needed to answer 12-Step calls.



March 1:
1939: Readers Digest failed to write promised article on AA.
1941: Saturday Evening Post article by Jack Alexander created national sensation. AA membership quadrupled in one year from 2000 to 8000.

March 3:
1947: Nell Wing, Bill's secretary and first archivist of AA, began her career at Alcoholic Foundation Office at 415 Lexington Avenue.

March 4:
1891: Lois Wilson was born.

March 5:
1945: Time Magazine reported Detroit radio broadcasts of AA members.

March 7:
1940: Bill and Lois visited the Philadelphia AA group.
1941: Boston newspaper reported that any drunk who wanted to get well was more than welcome at the AA meeting at 115 Newbury St., at 8 PM Wednesdays.

March 9:
1941: Wichita Beacon reported AA member from NY who wanted to form a group in Wichita, Kansas.

March 10:
1944: New York Intergroup was established.

March 11:
1947: A Priest in St. Paul, Minnesota, founded Calix International. Alcoholics in his parish met after Saturday morning Mass to discuss the readings for the upcoming Sunday and how their faith melded with the Twelve Steps of Alcoholics Anonymous.

March 12:
1940: Ebby Thatcher, Bill Wilson's boyhood friend and sponsor, was reported sober again.

March 14:
1941: South Orange, NJ, AA held an anniversary dinner at the Hotel Suburban with Bill Wilson as the guest speaker.

March 15:
1941: 1st AA group was formed in New Haven, Connecticut.

March 16:
1940: Bill moved the Alcoholic Foundation office to 30 Vesey St., NY. (30 Vesey St., NY, was almost destroyed on September 11, 2001.)

March 21:
1881: Anne Ripley, Dr. Bob's wife, was born.
1966: Ebby Thatcher, Bill Wilson's sponsor, died sober.

March 22:
1951: Dr. William Duncan Silkworth died at Towns Hospital.
1984: Clarence Snyder, founder of Cleveland AA and author of "Home Brewmeister," died at 81, 46 years sober.

March 23:
1936: Bill & Lois Wilson visited Fitz Mayo, "Our Southern Friend," in Maryland.
1941: Sybil C.'s sobriety Dates. She was

the first woman to enter AA west of the Mississippi.

March 25:
1898: Jim B. ("The Vicious Cycle") was born
1965: Richmond Walker, author of "Twenty-Four Hours a Day" book, died at age 72, almost 23 years sober.
2005: Nancy Olson, Founder of AAHL-See Memorial at:
<http://hindsfoot.org/nomem1.htm>

March 29:
1943: The Charleston Mail, WV, reported that Bill Wilson had given a talk at St. John's Parish House.

March 31:
1947: 1st AA group was formed in London, England.

Other events in March, for which I have no exact Dates:

1938: Bill begins writing the book Alcoholics Anonymous.

Works Publishing Inc established to support writing and printing of the book.

1940: Mort J. came to LA from Denver; started custom of reading Chapter 5 Big Book at Cecil group.
1941: Second printing of Big Book.
1941: 1st Prison AA Group formed at San Quentin.
1945: March of Time film was produced and supervised by E.M. Jellinek and produced by NY AA office
1946: The Jefferson Barracks AA Group in Missouri was formed. It is thought to be the first ever in a military installation.
1949: Dr. Bob considers idea of AA conference premature.
1951: American Weekly publishes memorial article for Dr. Bob.

<https://toledoameetings.com/important-dates-in-alcoholics-anonymous/>

It Happened in March



The Truth Behind Tradition Three

Bill W.'s grandfather was a drunk. Grandfather Wilson, an innkeeper, had had alcohol turn against him. "One Sunday morning in despair he climbed to the top of Mount Aeolus and beseeched God to help him. He saw a blinding light and felt a great wind, and rushed down to interrupt the service at the Congregational Church. Demanding that the minister leave the pulpit, Wilson described his experience to the congregation... Emily [Bill's mother] loved this story about her husband's father, and she told it to her son and husband as often as they would listen. In the eight years that he lived after that experience, the elder Wilson never had another drink." (Cheever, *My Name is Bill*, p. 17) During Bill's final stay as a patient at Town's Hospital, perhaps the familiar tale of his grandfather's miraculous recovery came to mind. Bill's description of his 1934 "spiritual experience" was remarkably similar to that of his grandfather. When Bill later told the story of his recovery, it was in the form of a 19th century Protestant redemption story of the sort he would have heard repeatedly from his mother. He resurrected that style when it came time to write about the Third Tradition.

In the essay on Tradition Three, Bill tells the story of "Ed", an obstreperous atheist/agnostic, who vociferously and repeatedly disagrees with the predominant religious tone of AA. Ed falls off the wagon while on a sales trip and his pleas for help are rebuffed by his fellows at home. (Bill later was to denigrate the exclusionary attitude and quest for respectability of early AA. Only "pure alcoholics" were to be admitted, he reports. "They could have no other complications. So beggars, tramps, asylum inmates, prisoners, queers (sic), plain crackpots, and fallen women were definitely out" (Twelve Steps and Twelve Traditions, p. 140) and so, apparently, were atheists and agnostics.) Bill relates that, after a couple of weeks, Ed did return to Brooklyn chastened and, Bill implies, freshly converted to the ranks of the religious.

Part of this story is true. "Ed" was really a fellow named Jim B., one of the first ten AA

members in New York. Jim did work selling car polish for a company owned by Bill and Hank. He did go out of town on a sales trip and get drunk. He was rebuffed by the other members. He did sober up and return to New York. Jim, by his own admission, was thereafter less contemptuous of the religiosity of the other members. Bill gets a bit creative in returning to the conversion story format by adding a mysterious interaction with a bible in a hotel room and has Jim appear in the home of an unnamed fellow AA asking if the family had had their "morning meditation", implying Jim had abandoned his disbelief. These parts did not happen. The home in which Jim appeared was Hank's. Hank was also an atheist; the chance that he would have been having a religious meditation is small. Jim never mentioned a bible in relating his story, nor did he ever abandon his disbelief. According to Clarence Snyder (an early AA member from Cleveland): "Jimmy remained steadfast throughout his life and 'preached' his particular [non-God] brand of AA wherever he went." Jim died in 1974, sober 35 years and still an atheist. Jim was responsible for the "God as you understand Him" and "Higher Power" wording of the Steps. Burwell's contribution to Alcoholics Anonymous is considered by many to be second only to that of AA's two co-founders,

Bill, in later years, regretted his earlier position. In 1957, writing in *AA Comes of Age* (footnote, page 232), Bill said, "Nothing, however, could be so unfortunate for AA's future as an attempt to incorporate any of our personal theological views into AA teaching, practice or tradition. Were Dr. Bob still with us, I am positive he would agree that we could never be too emphatic about this matter." In a Grapevine article in 1961 ("The Dilemma of No Faith"), Bill went further: "In AA's first years I all but ruined the whole undertaking... God as I understood Him had to be for everybody. Sometimes my aggression was subtle and sometimes it was crude. But either way it was it was damaging – perhaps fatally so – to numbers of non-believers."

<https://sbfreethinkers.org/the-truth-behind-tradition-three/>

PRIDE
IS CONCERNED WITH
WHO IS RIGHT

HUMILITY
IS CONCERNED WITH
WHAT IS RIGHT

dreamstime.com

81 x 120008 © Adin Lalic



AS BILL SEES IT, p. 61

Most of my decisions were based on fear. Alcohol made life easier to face, but the time came when alcohol was no longer an alternative to fear. One of the greatest gifts in A.A. for me has been the courage to take action, which I can do with God's help. After five years of sobriety I had to deal with a heavy dose of fear. God put the people in my life to help me do that and, through my working the Twelve Steps, I am becoming the whole person I wish to be and, for that, I am deeply grateful.

MARCH 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Nathan H., 4 yrs, Waldorf Daniel S., 6 yrs, Happy Hour Bret, 1 yr, We Wuz Wurz
2	3	4	5 Jimmy M., 3 yrs, North Beach	6 Jake, 10 yrs, Daily Reprieve	7 Andrea A., 1 yr, Cove Point	8 Bruce O., 11 yrs, Waldorf Kris R., 4 yrs, North Beach
9 Holly G., 1 yr, Never Too Late Sandy C., 3 yrs, ODAAT	10 David H., 11 yrs, Monday Nite Traditions	11	12	13	14 Carl, 1 yr, Cove Point	15
16	17	18	19 Michele S., 2 yrs, Living Sober (Calvert)	20 Cheryl, 1 yr, Daily Reflections	21 Kenny G., 9 yrs, 231	22 Jason R., 3 yrs, Helping Others
23 Lorraine J., 45 yrs, Danny L., 9 yrs, and Gene C., 8 yrs, Bedouin	24 Diana M., 16 yrs, Today	25	26	27 Duke R., 23 yrs, Basic Text	28	29
30	31 Michelle H., 9 yrs, Monday Night Traditions					

APRIL 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	1		2 Tyrone O., 1 yr, Cove Point	3	4	5
6	7	8	9	10 Gisela R., 34 yrs, Almost Normal Keith T., 7 yrs, Basic Text	11	12
13	14	15 Phyllis B., 44 yrs, Emotional Sobriety	16	17	18 Chelsea B., 12 yrs, Not Quite Right	19
20	21	22	23	24 Neil, 37 yrs and Frank G., 6 yrs, Poplar Hill	25	26
27	28	29	30			



Language of the Heart
Lenguaje del corazón
Le langage du cœur

July 3-6, 2025 | Vancouver, BC, Canada



The first few times I read How It Works, I thought it said we had to let go of our "bad ideas," not our "old ideas." Today I know Bill had it right. It's all the old ideas I've been carrying around for God knows how long that created the dis-ease I drank at for 30 years and the upset that pops up in my life today.

These old ideas are the roots of my character defects that grew up like weeds. If I want to rid myself of a character remove I must remove the root or the weed will just sprout back up. Most of the roots of my character defects are buried so deeply in the recesses of my mind that I don't even realize they are there. That's why self help programs didn't work for me, but AA -- a God help program -- does.

I am way too lazy to look at the root causes of my anger, frustration, fear, boredom and the like unless pain forces me to. I believe becoming "entirely ready" means I have to first hit the bottom. I didn't become ready to quit drinking until I became sick and tired of being sick and tired. The same is true with my character defects. I simply won't weed the garden work unless I'm in some kind of pain that keeps repeating itself like bad Mexican food.

I confronted this kind of pain in 2003 when I reached bottom with my anger. After almost nine years of sobriety, I had become sick and tired of giving away my serenity to people and situations that didn't follow my script. I finally realized that my angry reactions were hurting only me, not the bozos I held responsible. I made peace of mind my number one goal.

I began to pay better attention to myself as I went through my day. When I lost my serenity I tried to remember to ask why. At

LETTING GO OF ANGER



first I noticed only the big blow-ups, but as the years passed I became more sensitive to little upsets -- the ones caused by the termites of fear that gnawed silently away at my peace of mind. I identified a number of the "moldy oldies" I had been carrying around since I was a kid like: "You should not criticize me in any way. Don't tell me if I happen to do anything that bothers" (It used to be if you honked your horn behind me in traffic, you were criticizing me, goddammit!) and "you should treat me at all times with courtesy and respect according to my standard of courteous and respectful treatment, not yours." It took a while, but eventually I came to see how irrational these beliefs were. It also became clear I was taking this stuff way too personally.

Today I still get angry when you do or say something that pisses me off, but I have fewer and fewer volcanic explosions. I don't try to suppress it because that just leads to depression. When I get angry I continue to ask myself why I am angry. The answers I receive always lead me back to some, old worn-out idea that I'm carrying around from my childhood.

<https://aaspirit.blogspot.com/2010/09/becoming-entirely-ready.html>

Treatment Center Committee

“The District 36 Treatment Center Committee”

**is looking for female fellowship members,
who are willing and have a year
or more of sobriety to bring
in-house A.A. meetings into
the Jude House**

Wednesday Evenings 7:00pm.

Please contact this committee at our email:

treatmentcommittee36@gmail.com

This is a very rewarding experience!

Come join up and try it out!

The Committee Contact:

treatmentcommittee36@gmail.com



A-29 Accessibilities E-Blast

August 2024 MGS Inc. Area 29 MarylandAA.org

How Accessible is your group?

Take your group's accessibilities inventory!



Use this QR Code to access the Accessibility Checklist (smf-208) found on the AA.org website to determine if a group site and location is truly accessible to all.

Next, update your status!



Ensure that your meetings' accessibility status is correctly listed in your local Intergroup directories. The intergroup directories are where [The Meeting Guide app](#) pulls its information from. Use this QR code to locate your local intergroups contact information. Correct listings ensure that those with disabilities can accurately choose what meetings will work for their needs. Note that any wheelchair accessible meeting will also be walker accessible.

What to do if someone with Accessibility needs attends your meeting?

1. Consider assigning a “buddy” as a point person for any needed assistance during the meeting such as getting them coffee or help finding the bathroom. Ask the person what would be helpful in terms of assistance.
2. Preferential seating up front may be helpful for the hard of hearing, and the aisle or other seating for those in wheelchairs or with walkers.
3. Afterward provide phone numbers of local members, the Accessibilities Committee contact information Accessibilities@marylandAA.org and that of the local intergroup. Let them know that if they want to come back and need additional accommodation, we can help arrange that and/or provide a group contact to help with arrangements.
4. For any verbal communication barriers, it is often best to provide information in writing or text. Many smartphone apps are available for immediate accessibility such as talk to text (AT) and text to talk, image reading/ screen reading (Envision AI) and even sign language translators and text to sign language.

Help the Area 29 Accessibilities Committee!

Let us know where to focus our attention in Area 29. Take the Group Accessibility Survey! [Groups Accessibilities Survey – MGS | Maryland General Service \(marylandaa.org\)](#)



Volunteers needed for

SERENITY BREAKFAST 4/26/25



Sign up at the 3/8/25 SMIA Business meeting

Immaculate Conception Church,

28297 Old Village Road,

Mechanicsville, MD 20659

Or via Zoom @

[https://zoom.us/j/99982597908?](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)

[pwd=QzVLcUZrVHdacFlrYUNZN21td](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)

[kluQT09](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)

WARFIGHTER ADVANCE™

Mission: Successful Reintegration of Every Warfighter

Warfighter Advance is a week-long program that uses a variety of means to change the trajectory of Warfighter's (active duty, reserve, or veteran) post-deployment life, as well as public safety personnel/first responders & commercial pilots.

We take open AA meetings into the program each Thursday of the program.

Location:
Lions Camp Merrick
3650 Hamilton Place
Nanjemoy, MD 20662

Dates:
Thursday, March 6th, 2025 at 8:00 PM
Thursday, April 3rd, 2025 at 8:00 PM
Thursday, May 8th, 2025 To Be Announced

AA members, especially Veterans & First Responders, are encouraged to attend.

Contact Tony N @ 301-904-0572 with questions.

**Please be advised that the
Thursday Bookstall will not
be available for the next
few weeks for purchases.**

**Our primary purpose is to help the still suffering alcoholic.
SMIA is committed to this principle and provides a 24x7
Telephone Service. We need phone
volunteers! Go to our website, www.somdintergroup.org.
Click on the Phone List link, complete the online form - this is a
secure method to add your name to the 12-Step Call List. This
protected information is only shared with the Phone Committee
Chair. You will be amazed before you're half way through.**

Be a part of AA's Group Conscience

CARC III

Conference Agenda Review Committee

PLANNING MEETING

3/3/2025

6pm - 7pm

ZOOM MEETING

Meeting ID: 857 0174 6869

Password: 678031

We will be distributing agenda items and filling remaining available service positions. There are several service opportunities to fill which do not require any prior CARC experience

Email registrar@marylandaa.org if you would like to help but cannot attend this meeting

ALL ARE WELCOME

Districts 3, 4, 10, 11, 14, 15, 18, 19, 28, 30, 33, 34, 39

RECOVERY

UNITY

SERVICE

CARC I - Eastern Shore

Any member of Maryland A.A. may attend the CARC1 meeting to hear and influence how our Maryland Delegate to the GSO Conference votes on proposed changes to AA.

The Delegate and Alt Delegate will attend

Saturday, March 8th,
2:00 PM to 4:00 PM

St Stephens Parish Hall
114 Main Street
East New Market, MD 21631

Area 29 Conference Agenda Review Committees CARC 1 Districts:
24 - Queen Anne's County
25 - Wicomico & Summerset Counties
32 - Worcester County
37 - Talbot County
38 - Dorchester & Caroline County
46 - Kent County

Remote Access: Zoom Meeting ID: TBS Passcode: TBS

Questions? Contact Tom M:
631-275-6507/tfmcdoon@gmail.com, District 37 DCM

CARC 2

(CONFERENCE AGENDA REVIEW COMMITTEE)
SOUTHERN MARYLAND

The CARCs consist of GSR's, DCM's, past Delegates, Area Officers and ALL interested A.A. members.
All are welcome!

The purpose of the Area 29 Conference Agenda Review Committees (CARCs) is to help prepare the Delegate for the General Service Conference and enable the Fellowship to express their views on important matters of policy, finance, and literature. The CARCs are asked to review, discuss, and present selected Conference Agenda Items which will be brought before the General Service Conference for consideration. For more information email: district31md@gmail.com

Christ Church Parish Hall

220 Owensville Rd, West River, MD 20778

Hybrid/Virtual link Meeting ID: 891 9298 2223
Passcode: CARC

March 8, 2025
9:30 to 11:30 AM

Districts included are 1, 6, 22, 23, 31, 35, 36, 42

Conference Agenda Review
Committee IV presents its hybrid
meeting:

WESTERN MARYLAND FORUM

This is the fourth Edition of
to discuss topics being brought
before the Annual Meeting of the
2025 General Service Conference

MARCH 9, 2024
3:00 PM - 5:00 PM

ALANO CLUB
9231 RUMSEY RD.
COLUMBIA, MD

Zoom Meeting ID: 891 9298 2223
Passcode: CARC

Be a part of AA's Group Conscience

CARC III

Conference Agenda Review Committee

FULL MEETING

3/23/2025

2pm - 4pm

Doors open 1:30pm

HYBRID MEETING

St Johns Parkville
8808 Harford Rd
Parkville, MD 21234

Zoom ID: 891 9298 2223
Password: CARC

ANY member of AA may attend a CARC meeting and provide direct feedback to the Area Delegate on any of the proposed changes to AA that are on the agenda of the upcoming 2025 General Service Conference

marylandaa.org

ALL ARE WELCOME

Districts 3, 4, 10, 11, 14, 15, 18, 19, 28, 30, 33, 34, 39

RECOVERY

UNITY

SERVICE



PRESENTED BY: WEST CENTRAL INTERGROUP

PREGNANCY AND PARENTING THROUGH SOBRIETY

FRIDAY: MARCH 28

Pregnancy, Parenthood, and Sobriety- from Struggles to Solutions

A panel of sober men and women will share their experience in all thing's family life incorporating the 12 steps.

FELLOWSHIP:

5:30-6

SPEAKER/Q&A:6-8

**ST. PAULS LUTHERAN CHURCH
10625 OLD FREDERICK RD
THURMONT, MD 21788**

**COME ONE, COME ALL...
SHOW US WHAT YOU GOT!!!**



District 36

is seeking participants for their

NO TALENT SHOW

**Show Date: May 17th 7pm
Church of the Nazarene - Hollywood**

RESERVE YOUR SPOT TODAY

**with Melissa W., Mary F.,
or any District 36 GSR**



29th Annual Southeast Woman to Woman Conference "Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with AA-Anon Participation
No children allowed in conference rooms



August 22-24, 2025, Virginia Beach, Virginia

Holiday Inn Virginia Beach-Norfolk
5655 Greenwich Road, Virginia Beach, Virginia 23462

RESERVATIONS

Room rates through July 29, 2025:

- King, \$149 + tax
- Double, \$159 + tax

Breakfast is not included.

- To make reservations,
- Call (800) 567-3656 and use code **SWW**
 - Register online at <https://bit.ly/SEW2W-VB-Hotel>

REGISTRATION

Conference registration:
\$65 through March 31, 2025
\$70 April 1-July 18 and on-site.

- Register online at www.SEWomantoWoman.org
- Complete attached registration form and mail registration form and check payable **Southeast Woman to Woman** to

Registration is transferable by **NOT** refundable.

SEW2W
C/O Diane Stabinaki P.O. Box
15031 Chesapeake, VA 23328

CONFERENCE CONTACTS

Chair: Tracy U. (757) 381-4124 sew2w2020@gmail.com
Co-Chair: Natalie S. (757) 348-8459 Natalie.sew2w25@gmail.com
Registration: Rebecca M. (757) 515-3684 sew2w2012@gmail.com



29th Annual Southeast Woman to Woman Conference "Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with AA-Anon Participation
No children allowed in conference rooms

REGISTRATION FORM

Name: _____ Badge Name: _____
Check: AA, Sobriety Date: _____ Alanon
Address: _____ City: _____
State/Zip: _____ Phone: _____
Email: _____ Are you willing to volunteer? Yes No

Any special needs? _____

*** Please select items below ***

Registration Fee (Required, check one):

\$65 (until March 31, 2025) \$70 April 1-July 18 and on site

Scholarship Donation (not required): \$ _____

Souvenirs

Tumbler, \$21

Tote, \$25

T-Shirt, \$25, specify style and size:

Style: Women's Unisex

Size: Small Medium L XL 2XL 3XL (unisex only)

Burdle (1 Tumbler, 1 Tote, and 1 T-Shirt), \$66, specify T-Shirt style and size:

T-Shirt Style: Women's or Unisex

Size: Small Medium L XL 2XL 3XL (unisex only)

Events

Banquet, \$75

Beach Tour, \$25

Aquarium Tour, \$35

TOTAL AMOUNT ENCLOSED: \$ _____



THE "WHAT'S THE POINT!"

A.A. MEETING

BIG BOOK
AS BILL SEES IT
GRAPEVINE
TWELVE
&
TWELVE



ALL MEETINGS
ARE
LITERATURE
BASED
EACH WEEK IS
DIFFERENT
A.A. APPROVED
LITERATURE

COME OUT AND CHECK US OUT

GOOD SAMARITAN LUTHERAN CHURCH
20850 LANGLEY RD. LEXINGTON PARK
THURSDAY EVENINGS 8:00 PM.

WE ARE LOOKING FOR HOME GROUP MEMBERS
WE HAVE SERVICE POSITIONS TO BE FILLED

COME OUT AND FIND OUT
WHAT'S THE POINT! OF LIVING
THIS LIFE OF RECOVERY
AND HOW WE DO THIS
"ONE DAY AT A TIME."

"BLUE TOP @ NOON"

Lexington Park United Methodist Church

21760 Great Mills Road

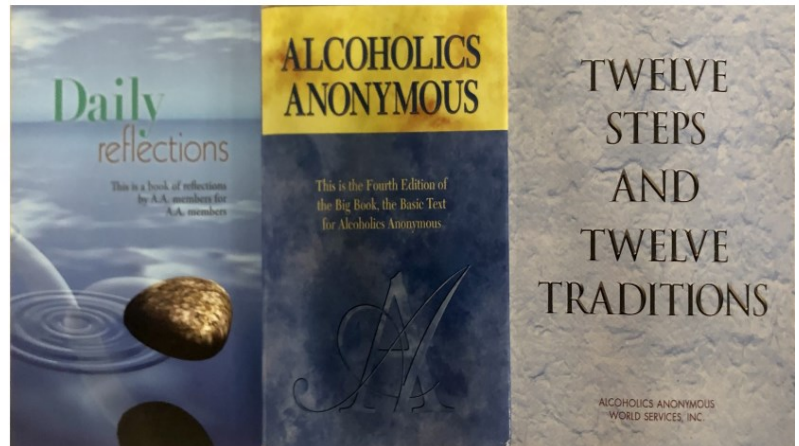
12:00 noon

Tuesday, Wednesday, Thursday

Tuesday will be the Daily Reflections

Wednesday will be the Big Book

Thursday will be a Step/Tradition meeting
Come check us out and join our group!



CLEAN AIR GROUP

The Clean Air Group

Is in need of support

And home group members

Come on out and check us out

Friday nights 6:30pm.

St. Andrews Episcopal Church

44078 St. Andrews Church Rd.

NOT QUITE RIGHT

The Not Quite Right Group

8:00pm. Friday Nights

Good Samaritan Lutheran Church

20850 Langley Rd. (Middle Building)

Lexington Park, Md.

Is in need of Support

and Home Group Members

SUPPORT YOUR
LOCAL GROUPS?

Service Opportunities!

Area 29 Maryland PI/CPC

PUBLIC INFORMATION AND COOPERATION WITH THE PROFESSIONAL COMMUNITY COMBINED 2025 COMMITTEE

Table Exhibitions

Give presentations about A.A. to schools and organizations, and set up exhibitions at professional events

Audio, PSAs, Internet

Ensure local media has accurate information about A.A. through PSAs, anonymity-protected interviews and digital press kits

A Resource for Professionals

Professionals who work with alcoholics share a common purpose with Alcoholics Anonymous: to help alcoholics stop drinking and lead a healthy, productive life.

DISTRICT CHAIRS AND INTERESTED A.A. MEMBERS ARE INVITED!



Join us online at 3 p.m. EDT on the 3rd Sunday of the month
862 7457 8272
Pw: 199887

WWW.MARYLANDAA.ORG
A29CPCPI@GMAIL.COM



Maryland Deaf Access Committee (MDAC)
Alcoholics Anonymous

Visit our Website!
<http://mdacAA.org>

We organize the funding and scheduling of in-person / hybrid AA meetings interpreted in American Sign Language (ASL)

PayPal QR code >>>



✓ We follow all of AA's 12 Traditions

✓ We rely on contributions from only AA members & AA entities

✓ We provide language Access via ASL interpretation

✓ Our focus is to make AA accessible to the Deaf and Hard of Hearing

Contributions accepted via PayPal@
MarylandDeafAccess@gmail.com

Grapevine Meeting!

4th Tuesday of each month 6:30 pm

Did you know that The Area 29 Grapevine Committee is a traveling literature store? We have a large variety of AA Grapevine books for sale. Please reach back out if your group, District, or intergroup is hosting an event or workshop and would like us to come and sell literature.

Join Zoom Meeting:

<https://us02web.zoom.us/j/85217774704>
pwd=TVhEdFpKdmxSRINvNnJHU1pYWDVaQT09

Meeting ID: 852 1777 4704 Passcode: 019347

Brandi D., Area 29 Grapevine Committee Chair

For more info: grapevine@marylandaa.org

Group and District GVR's encouraged to attend, all are welcome!

Are you looking for a fun service position?

Please join us and find out more! All are welcome to attend!

Area 29

You Are Invited

GSR ORIENTATION

First Monday of Every Month
7:00 pm - 8:00 pm

Zoom ID: 845 5904 4220

Password: GSR

New to General Service? Want to learn more about it or get a refresher?

All new General Service Representatives (GSRs) in Area 29—and any member of Alcoholics Anonymous—is welcome to attend our monthly orientation session!

SMIA Meeting Minutes 2/8/25

Opening: Lorraine J. opened the meeting with the Serenity Prayer.

Board Members Present: Lorraine J. - Vice-Chair, Bruce O. – Treasurer, Paul S. - Parliamentarian and Kristi P. – Secretary

New Member(s): None

Groups & Committees Represented: Bill L.–Harmony Group/Web/Bookstall, Ray C. – Never Too Late, Nathan H. – Waldorf Group, Todd M. – St. Charles Step Group, Emme – O.D.A.A.T., Pat S. – Charlotte Hall Group, Keith H. – Almost Normal/Lifeline, Melissa W. – Never Too Late/Phone Co-Chair, Andy X. – Keeping it Green, Jamie R. – North Beach Group, Cathy T. – 12 & 12 for Serenity, Sara S. – Bedouin Group, Pat P. – Where and When, Roy B. – Solomon's Group; Brian ?.

SMIA Chair Report: No Report

Vice-Chair Report: Lorraine was unable to attend the Intergroup Liaison meeting as she was out of state.

Secretary Report: Motion and second to accept January 2025 minutes as posted online and in the Lifeline, all in favor.

Treasurer Report: Monthly contributions have increased. Note–this fiscal year's budgets for each district's Corrections and Treatment and PI/CPC need to be spent by the end of the fiscal year (April 30, 2025). Budget resets on May 1st. Motion and second to accept the Treasurer's Report as presented, all in favor.

Committee Reports

Bookstall Report: Bill L. reported there were 868 visits to the Bookstall this month. There were 20 orders for a total of \$554.70. One order was cancelled and refunded because it was from outside the area. Purchases from AA World Services totaled \$1107.83.

Web/Technology: Total visitors 2,272 (down 16%). Most frequently visited pages: Home Page, Where and When Calendar, Anniversary Calendar, Online Meetings, Contact page. Site updates and changes: Minor form changes to improve

navigation. Meeting Change: The Upon Awakening Group at the Great Escape Recovery Lounge in Waldorf added Saturday and Sunday meetings and now meets 7 days a week. A new meeting was added; Lit Into Action which meets at the Great Escape Recovery Lounge on Friday at 7:00 PM. The Ladies Recover Too Group was changed to Closed Discussion. The Beach Beacon On-Line Meeting name was changed to Beacon of Hope On-Line, and the meeting formats were changed to Monday – Steps and Traditions, Wednesday – Big Book, and Friday – Daily Reflections. Currently there are 132 meetings in our service area; 123 meetings are in-person, 6 meetings are hybrid, 8 meetings are on-line only.

Document Posts and Updates: Lifeline posted – 02/04/25, Finance Page updated – 02/04/25, Minutes Posted – 01/19/25, Where and When Updated – 1/31/25

Gratitude Dinner: Looking for a volunteer to chair.

Corrections and Treatment: Calvert – meetings are going in. Need someone to coordinate meetings going into Avenue's, Riley has stepped down. Charles – meetings going into the jail, RCA, ALPAS. St. Mary's – Roy B. reported that Kim K. stepped down. They have been taking meetings into jail on Wednesdays at 7 pm. Receiving good participation (average 12 inmates per meeting). Actively seeking men with 1 year of sobriety to share their experience, strength and hope, so they aren't bringing in the same speakers each week.

Lifeline/Archives: Keith H. reported everything is going well. Looking for submissions or articles.

Picnic: Lorraine reported that reservation was made for Hallowing Point Park, however, after looking at the park (restrooms are far away, limited space, etc., Buddy wanted to look at other options.

PI/CPC: Calvert – Lorraine J. reported that Kenny G. is doing an amazing job, getting the word out in new and creative ways. Charles – No report. St. Mary's – No report.

Telephone: Melissa W. reported that she and Sheri R. are co-chairing during the transition. There is a new volunteer for St. Mary's. Melissa W. reported that from 12/14-1/11 there were 22 calls, duration 59 minutes. St. Mary's – 4 calls, Calvert –

5 calls, Charles - 8 calls, 5 calls not identified and a few duplicate calls.

Serenity Breakfast: Breakfast will be held at Immaculate Conception on April 26th, Time: 9 am-12 pm. Tickets are available. Looking for volunteers to sell tickets. Tickets: \$20. Committee is set and has met. Need volunteers on 4/25 at 6 pm for set up and 4/26 for breakdown. Please contact Pat S. at 301-481-2090 with any questions. Flyer to come.

Where and When: We are down to 30 Where and Whens. Motion and second to reduce page count by deleting notes pages and reformatting and place order for 2000 Where and Whens, all in favor.

Workshops: None.

Old Business: Reminder that elections will be held in March for the Chair and Secretary positions. Optimally the Chair position rotates through the three counties so the next chair should be from Charles County. The Secretary position does not require rotation. Nomination form on the SMIA website.

New Business: None.

For the Good of the Order: Pat would like to offer an opportunity to provide a Serenity Breakfast ticket to those who cannot afford one. This would be set up as a sponsorship. If you are interested in purchasing a ticket for this purpose contact Pat S. Message being sent out to those who need a ticket to apply for the ticket. Will T. celebrating 4 years at Waldorf Group on February 8th. Jamie R. will celebrate 4 years on 2/15 at North Beach Group. Nathan H. is celebrating 4 years on March 1st at Waldorf Group. Bruce will celebrate 11 years on March 8th at Waldorf Group. On March 23rd, Lorraine J will celebrate 45 years, Jean C. 8 years and Danny L. 9 years at Bedouin. District 36 is having a NoTalent Show on May 17th at 7 pm. If you wish to participate in the talent show, please reach out to Melissa W. or Mary F.

Meeting adjourned with the Responsibility Pledge and the Lord's Prayer.



March 2025

Southern Maryland Intergroup Association Inc

Treasury Report

Monthly Contributions:

\$2,018.38

www.somdintergroup.org/contribute

SMIA, PO Box 767, Charlotte Hall, MD 20622

Southern Maryland Intergroup Association Inc
Statement of Financial Position
January 25, 2024 - February 24, 2024

Assets	
Primary Business Checking	\$ 6,622.05
Primary Business Savings	\$ 1,848.44
Prudent Reserve	\$ 4,453.00
PayPal	\$ 1,676.00
Bookstall Cash on hand	\$ 100.00
Total Assets	14,699.49
This Month's Expenses	
Bookstall Purchases	\$ -
Liability Insurance	\$ -
Lifeline Printing	\$ (150.23)
Misc	\$ -
Phone Answering Service/1-800#	\$ (56.40)
Post Office Box	\$ -
Rent	\$ (150.00)
Webmaster	\$ -
Website	\$ (45.50)
Where & When	\$ -
Picnic	\$ -
Travel	\$ -
Workshops	\$ -
SMIA Archives	\$ -
Office sup (coffee, postage & faxing)	\$ -
Bank Charges and Fees	\$ (16.00)
Other - Tax Filings	\$ -
Total Expenses	\$ (418.13)

Southern Maryland Intergroup Association Inc
Yearly Statement of Activity
May 1, 2024 - Apr 30, 2025

Year to Date Income		BUDGET
		Shortfall
Contributions	\$ 5,748.35	36%
Bookstall	\$ 3,602.17	-3%
Gratitude Dinner	\$ 884.06	12%
Serenity Breakfast	\$ 1,385.00	-39%
Total 2024 Income	11,619.58	20%
Year to Date Expenses		BUDGET
		Left to Use
Bookstall Purchases	\$ (2,880.88)	28%
Liability Insurance	\$ (273.00)	0%
Lifeline Printing	\$ (875.12)	9%
Misc	\$ -	0%
Phone Answering Service/1-800#	\$ (435.10)	-34%
Post Office Box	\$ (120.00)	0%
Rent	\$ (1,500.00)	17%
Webmaster	\$ (1,011.50)	67%
Website	\$ (738.70)	13%
Where & When	\$ -	100%
Picnic	\$ (1,205.40)	-21%
Travel	\$ (131.32)	84%
Workshops	\$ -	100%
SMIA Archives	\$ -	100%
Office sup (coffee, postage & faxing)	\$ (229.99)	-28%
Bank Charges and Fees	\$ (144.00)	-44%
Other - Tax Filings	\$ -	0%
Total 2024 Expenses	\$ (9,545.01)	46%

**The figures below show the remaining funds available for Corrections & Institutions and Public Information in Calvert, Charles, and St. Mary's counties. The budget renews on May 1. Unspent funds do not carry over. Use them by April 30, or they're gone! Plan your spending accordingly.*

Total of Checking, Savings and PayPal Allows us a financial Runway of	6.84	Months
Number of Months of Fiscal Year Remaining	2	Months
For our 2024-2025 planned expenses, we currently have a	\$ 7,177.82	Excess

Remaining Service Committee Budgets		C&T	PI/CPC
Budget Year 2024 (01May2024 - 30Apr2025)	Calvert	\$ 375.00	\$ 15.00
As of 12Jan2025	Charles	\$ 375.00	\$ 250.00
	St.Mary's	\$ 334.00	\$ 137.80

THANK YOU FOR YOUR CONTRIBUTIONS:

Saturday Night Beginners
 Sunday Morning Sobriety
 Step Free / Stepping Sober
 Inspiration Group
 Beach Beacon

Waldorf Group
 Sunrise Sobriety
 Grateful Alive
 Individual Contributions

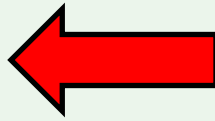
WHERE DO WE SEND OUR CONTRIBUTIONS?

1) All contributions can be made online:
www.somdintergroup.org/donate.php

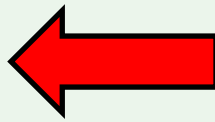
2) Or they can be mailed to the appropriate office location:

PLEASE NOTE THAT GSO AND MARYLAND GENERAL SERVICE OFFICE ADDRESSES HAVE CHANGED

**General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407**



**Maryland General Service
PO BOX 1834
Frederick, MD 21702**



**Southern Maryland Intergroup (SMIA)
P.O. Box 767
Charlotte Hall, MD 20622**

**District 1 Trust Fund (Calvert)
P.O. Box 234
Barstow, MD 20610**

**District 35 (Charles)
P.O. Box 1981
La Plata, MD 20646**

**District 36 (St. Mary's)
P.O. Box 1334
California, MD 20619**

ATTENTION GROUP TREASURERS:

****Remember to include the 6-digit GSO Group Number on all correspondence to Maryland General Service.***

Samples of Group Contributions to A.A. Service Entities*

Distribution Plan of _____
(YOUR GROUP NAME)

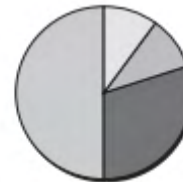
Your Group Service # _____

(Be sure to write group name and service # on all contributions.)



____% to district
____% to area committee
____% to G.S.O.
____% to intergroup or central office
____% other A.A. service entities
____% other A.A. service entities

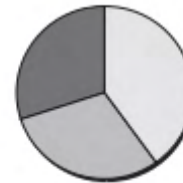
OR



10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

OR

If you have no intergroup/central office.



40% to district
30% to area
30% to G.S.O.

SMIA SERVICE TEAM:

Chair: Buddy F.
Vice Chair: Lorraine J.
Secretary: Kristi P.
Treasurer: Bruce O.
Parliamentarian: Paul S.
Web/Bookstall: Bill L.
Lifeline/Archives: Keith H.
Telephone: Sheri R.
Where & When: Pat P.

THE DEADLINE FOR ALL LIFELINE MATERIALS IS THE 27th OF EACH MONTH.

DISTRICT 35 - CHARLES CO.

**Please come out and join us
at our next District Meeting -
the first Thursday of the
month @ 7pm**

**Peace Lutheran Church
11610 Rubina Place
Waldorf MD 20602**

**Mailing address:
PO Box 1981, La Plata,
MD 20646**

NEW BOOKSTALL HOURS:

First and Third Thursday of the
month 6:00pm - 6:45pm
Second Saturday of the month 9am - 10am

**DISTRICT 1
CALVERT COUNTY**

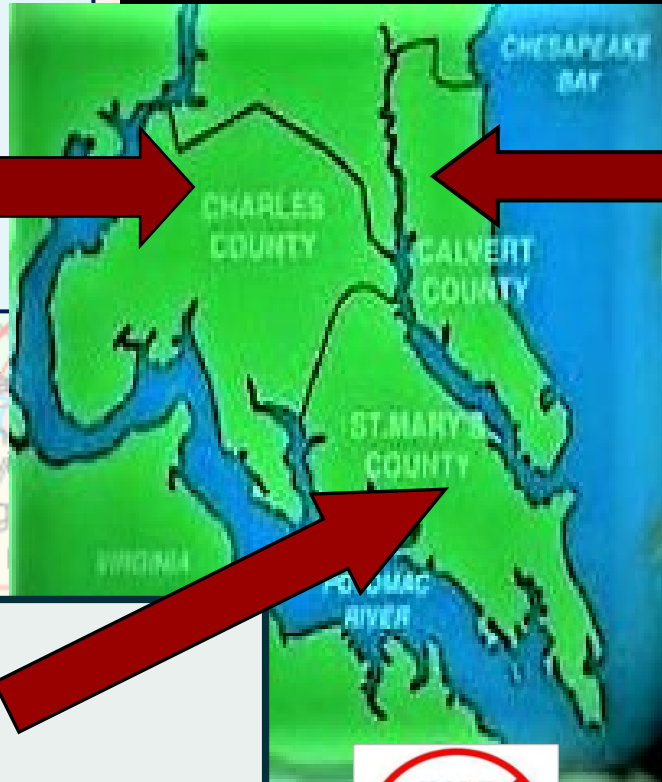
**SERVICE
OPPORTUNITIES**

Grapevine Rep

Accessibility Chair

**District Meeting:
7 PM, 3rd Monday
St. Paul's Episc.
Church**

**Prince Frederick, MD
District 1 Trust Fund
PO Box 234
Barstow, MD 20610
www.calvertaa.org**



**SERVICE KEEPS
US SOBER**

**DISTRICT 36
ST. MARY'S COUNTY
PO Box 1334, California, MD 20619
www.district36mdaa.org**

**Check out our
NEW WEBSITE!**



DISTRICT NOTES

**Please send any up-
dates for the Where &
When to:
[smia.whereandwhen@
somdaa.org](mailto:smia.whereandwhen@somdaa.org).**

**Current meeting guides
are available at the
monthly SMIA meeting
on a limited basis.**

The next SMIA Meeting will be held on

Saturday, April 12 at 10:00 AM

Join us in person @

**Immaculate Conception Church,
28297 Old Village Road, Mechanicsville, MD
20659**

Or via Zoom @

**[https://zoom.us/j/99982597908?
pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09](https://zoom.us/j/99982597908?pwd=QzVLcUZrVHdacFlrYUNZN21tdkluQT09)**