



# THE EARLY BIRD GROUP



COME OUT AND JOIN US SATURDAY'S 7:00PM TO 8:00PM  
TRINITY LUTHERAN CHURCH 46707 SHANGRI LA DR.  
LEXINGTON PARK, MD. 20653

**THE EARLY BIRD GROUP HAS A NEW LOCATION  
BEGINNING AUGUST 1  
TRINITY LUTHERAN CHURCH  
46707 SHANGRI LA. DR.  
LEXINGTON PARK, MD. 20653**

*Open inside  
with a mask  
outside nice weather  
without a mask*

PEACE AND SERENITY  
ARE THE THINGS THAT  
MAKE LIFE WORTH  
LIVING EACH DAY

**COME CHECK US OUT  
At the new location**

THE EARLY BIRD  
ALWAYS GETS  
THE MOST OUT OF  
HIS RECOVERY!



THE

EARLY

BIRD

IS THE

WORD!

